

BPT STUDENTS PROVIDED ON-FIELD PHYSIOTHERAPY SERVICE IN RUN TO REMEMBER MARATHON, BARDOLI SURAT.

Shubash Chandra Bose Run to Remember was held at Bardoli, Surat, Gujarat on 25TH January, 2025. Dr.Snehal Patel (P.T) accompanied the students of Shrimad Rajchandra College of physiotherapy had volunteered as physiotherapists. The trail race consists of 3km & 5km. Students had a great learning experience to work. Our student volunteers provided physiotherapy for injuries such as muscle cramp, shin pain, knee pain and generalized stretching of major group of muscles to prevent post running muscle soreness. It was tremendously stimulating as well as entirely a different experience for the students especially @6am in the morning. Athletes from all around bardoli participated in the race. Students hard work was appreciated by the sponsors.